



FENG SHUI FROM THE INSIDE OUT

By now most of us have heard about feng shui and many have at least a basic understanding of how to apply it in our environment.

By Laura Pennington

WHO CAN IT BE NOW?

Laura Pennington

Has a Masters Degree in Spiritual Psychology from the University of Santa Monica and has been a practitioner of Feng Shui and Geomancy since 1992. She is available in her counseling practice, Heart of the Matter or at Sanctum Design to assist you in reclaiming both inner and outer harmony and welcomes your questions and comments at: Sanctum3@aol.com



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PERCENT OF PUBLIC PERSONS WHO HAVE PARTICIPATED IN A SURVEY, HAVE CONFIRMED THAT THEY BELIEVE IN FENG SHUI
Source: the Chinese Science Research Institute

Last issue I shared with you how to start with clearing and balancing our inner reality in order to affect our external experience of reality. In other words, feng shui starting from the inside...out!

As promised, here is the titillating continuation of my Feng Shui Tale. My article in last month's issue touched upon my experience in clearing the clutter out of my love life...inside and out. Now I will share with you what I did with my newly acquired space...

After ending a four-year relationship with a man that I deeply loved, I took the time to clear my garage space of boxes filled with old love letters and photographs of bygone lovers. Almost immediately I felt the relief of the newly opened space both inside of my heart and in my garage. I could breathe deeper and set a clear future intention.

Inside my home, I addressed the physical space by putting up a wall hanging I had uncovered among the clutter in my garage. It was an old tapestry of three Chinese wise men. I thought perhaps they were the symbol that could help me find my love partner. Why not? I hung the



FENG SHUI TIPS

Let Yourself Flow

Make sure that when you open your front door, you have a clear and distant view. Feng shui says the farther you see, the farther you go in life. Avoid front doors that look directly at a wall or tree trunk.

When you open your eyes in the morning, the first thing you should see is something uplifting and inspiring whether it be art or your true love.

Burners on your stovetop represent wealth, so turn each of them on everyday to light the fires of abundance in your life. As an added tip, apply a mirror to the back of your stove, magnifying your burners, and thus your home's wealth!

Bring fresh fragrant flowers into your home or office space to attract positive chi and life force. Don't underestimate this simple step, as it can be very powerful.

If you suffer from feelings of not being supported in your life, either financially or personally, make sure your bed has a headboard and the chair you sit in at your desk has a high back. Also, avoid sleeping under a large window.

tapestry with that intention and imagined the force of the three wise men expanding and filling any missing areas of my relationship sector. I said a prayer of gratitude and felt sure that I had ignited something.

You bet I did! Within weeks I had three men show up in my life, all bearing gifts of a different nature and they were all viable possibilities! The mirror of the three Chinese wise men and the three men in my life did not escape me, but as I was enjoying myself, I resisted taking it down! I enjoyed the attention and excitement for a while, but soon became tired of the flightiness as my soul called out for a deeper experience. One day when I was ready, I took my three men down and in its place I hung a new painting of an intensely colored sunrise that was both deep and expansive. I balanced a photo of a couple who I felt were committed to the sacred path of relationship on top of the painting and once again, with gratitude and trust, waited to see how the adjustment would manifest.

Well, of the three men I was interested in, two simply faded away like the breeze. The one that I had, funnily enough, almost let go of moved into the forefront with a strong presence and loving heart, ready to meet me on this path. Now is it a coincidence that this wise man practices Chinese Medicine and Acupuncture? I think not!

